



08/16/17—Mandatory Parent Meeting 6:30pm @ Gym

Open House K4 thru 5th grades

08/17/17—Middle School Parent Night 6:30pm

Meet the Teachers

08/23/17—Mass @ 8:30am

08/25/17—Picture Day—In School Uniform

Upcoming Events

† Mass Schedule †

Saturday Evening 5:30pm
Sundays 7:00am, 8:30am, 11:30am & 5:30pm

Weekdays

Monday 8:30am
Tuesday 6:15am & 8:30am
Wednesday 8:30am & 6:30pm
Thursday 8:30am
Friday 8:30am

Holy Days 6:00am, 8:30am & 6:30pm

Sacrament of Reconciliation

Wednesday 5:30pm—6:20pm
Saturday 3:30pm—5:00pm (Other times by request)

Adoration of the Blessed Sacrament

Monday—Thursday 9:00am—6:00pm Friday 9:00am—noon
First Friday 9:00am-9:00pm First Saturday 9:00am—10:00am

Morning Carline Reminders:

For morning drop off, please have the students “ready to exit” the car (shoes on, wide awake, finished with breakfast, etc). Also, parents do not place the car in park and exit the vehicle to drop off the students. The morning safety patrol is accustomed to helping as needed. When a parent parks and exits the car in the unloading lane, it causes a large back up that rapidly gets to Hughes Road. As you have already seen, Hughes Road gets messy in a hurry so we thank you for your cooperation during the morning drop off process.



Please remember to bring can goods on Mass day. This helps supply the St. Vincent de Paul food pantry. Thank you for your generosity.

**2018 GALA
KICK OFF MEETING**
**JOIN US 9/7 @ 6:30P
SCHOOL CAFETERIA**

From the Nurse: Just a reminder that if your child needs to take medication in the clinic, new medication forms must be filled out at the beginning of each new school year. (That includes over the counter meds as well.) If you have nay question, please contact Nurse Murdzek at kmurdzek@stjohnb.com. Thank you for your cooperation.

SPIRIT SHIRT SALES!

Deadline to order is September 01, 2017.

Contact Christy Laue at laue7@yahoo.com or 256-656-4964 if you have any questions.

Middle School “Meet the Teachers” Night —(Parents of 6th-8th grade students) We are changing the format just a bit this year. We begin at 6:30pm in your student’s homeroom. You will follow his/her schedule of classes. At the conclusion of classes we will convene as follows: 7/8 grade parents will meet in the gym to receive user agreement and information about issuing your student a chromebook. 6th grade parents will meet in the cafeteria to learn about the “transition” class we provide for the first few weeks of school. It is designed to help your new middle school student adjust and adapt to middle school. Looking forward to a great evening!

SCRIP NEWS: CALL TO ACTION! Your participation in the SCRIP program greatly benefits our school by providing the core income of the PTO budget. Even purchasing a \$100 Publix card with a 2.5% rebate once a week for 40 weeks will earn \$100 for our school. If we have 200 families participate, our school can earn \$20,000!

RETAILER NEWS: Sephora \$20 gift cards will no longer be available. They are being replaced with Sephora \$25 cards.

Help needed! The SCRIP team is in need of a few more parents to help with SCRIP sales on Friday morning carline and other times during the year (like Fall Fest). If this is something you can help with, contact your SCRIP coordinator at sjscrrip@gmail.com. Thank you!



Picture Day is Friday August 25th. Pictures are prepaid and students must be in uniforms. Forms will be sent home on Wednesday, 08/16/17. These pictures will be used in the yearbook.

LIBRARY NEWS: Welcome back! The following guidelines are in place for checking books out at the library:

K4 and Kindergarten - may check out one book a week and the book stays in the classroom.

First, Second and Third Grade students - may check out one book a week and bring them home.

Fourth and Fifth Grade - may check out two books for two weeks.

Middle School students - may check out three books for two weeks.

Caldecott/Newbery Reading Awards: Second Grade students are able to earn the Caldecott Reading Award this year. Download the Caldecott Reading log from the Parent Web on Renweb under the Documents section. To earn this award, students read 15 Caldecott books over the school year. The students may read either the Gold Medal award winner or the Silver Honor books. A complete list of Caldecott Award/Honor books can be found on the following website: www.ala.org/alsc/awardsgrants/bookmedia/caldecottmedal/caldecottmedal

Third Grade and above are able to earn the Newbery Reading Award each year. Download the Newbery Reading log from the Parent Web of Renweb under the Documents section. To earn this award, students read 15 either Award or Honor books during the school year. A complete list of Newbery Award/Honor books can be found on the following website: www.ala.org/alsc/awardsgrants/bookmedia/newberymedal/newberymedal

Once the student completes their 15 books, they are to return their list to Ms. Crown. Deadline for the forms to be turned in is by Friday, May 11, 2018.

Book Fair: Mark your calendars: SJS Book Fair is October 23-27, 2017. If you are interested in volunteering, please contact Ms. Crown at jcrown@stjohnb.com. This is always a fun week for all.

Counselor's Corner:

We all have busy schedules but getting our student the correct amount of sleeps helps in all aspects of learning and socialization. I know, I struggle too, but this little tweak to our schedule and routine might prove to make a big difference in our lives in and out of school.

Recommended Amount of Sleep for Pediatric Populations*

Age	Recommended Sleep Hours per 24 Hour Period
Infants: 4 to 12 months	12 to 16 hours (including naps)
Toddlers: 1 to 2 years	11 to 14 hours (including naps)
Preschoolers: 3 to 5 years	10 to 13 hours (including naps)
Gradeschoolers: 6 to 12 years	9 to 12 hours
Teens: 13 to 18 years	8 to 10 hours

*The American Academy of Pediatrics (AAP) has issued a Statement of Endorsement supporting these guidelines from the American Academy of Sleep Medicine (AASM).
Source: Paruthi S, Brooks LJ, D'Ambrosio C, Hall W, Kotagal S, Lloyd RM, Malow S, Maski K, Nichols C, Quan SF, Rosen CL, Troester MM, Wise MS. Recommended Amount of Sleep for Pediatric Populations: A Statement of the American Academy of Sleep Medicine. *J Clin Sleep Med*. 2016 May 25. doi: 10.1093/sleep/zfw086. PubMed PMID: 27250809.

Thank you for all that have already participated in the Professional School Counseling and Guidance Survey. Already we have over 100 Responses. Your feedback is key in making our program the most beneficial to our children here at St. John's. If you have not had a chance yet please consider taking 5 minutes to complete the survey. We will be forming a committee in September that will be able to review results and make positive program implementations. Thank you.

CRUSADER CLUB NEWS: Fall sports registration for K4-6th soccer, 5th-6th volleyball and 5th-6th cheerleading are all open online. Practices will begin very soon, so please visit our website at <http://www.stjohnb.com/ccsite/registration.html> to register if you have not yet. If you are interested in coaching, please fill out a coaching form which can also be found on our website. All coaches must be up to date on Youth Protection certification.

The K4/K5 and 1st/2nd grade soccer teams will practice during the week and play games on Saturday mornings at St. John's field. The 3rd/4th & 5th/6th grade soccer teams, and the 5th/6th grade volleyball teams, typically practice and play games during the week at St. John's and other area schools.

As fall sports' schedules are finalized, watch for updates to the calendar on the Crusader Club website at <http://www.stjohnb.com/ccsite/events-calendar.html> to see St. John's home and away games, times and opponents. And look for sports news, highlights and upcoming games in future newsletters. We hope you will come out and support our student athletes!

St. John's has joined the Alabama High School Athletic Association (AHSAA) for our 7th and 8th grade sports program as part of the Falcon Catholic Middle School program. Please visit the Falcon Catholic Middle School page at <http://www.jp2falcons.org/athletics/fcms.cfm> for more information.

The Crusader Club is looking for volunteers to help throughout the year. Some current volunteer opportunities include a St. John's soccer coordinator and a concessions stand lead. Please contact Doug Ormsbee at d.ormsbee@stjohnb.com to volunteer or receive more information.